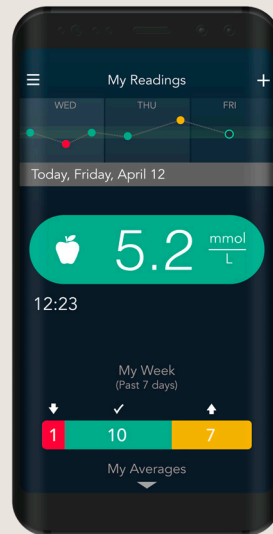


# An easy and quick way to share your blood glucose results with your healthcare professional

Become a CONTOUR® DIABETES app user and connect with your healthcare professional remotely\*

1

**Download  
CONTOUR®  
DIABETES app**



Free download



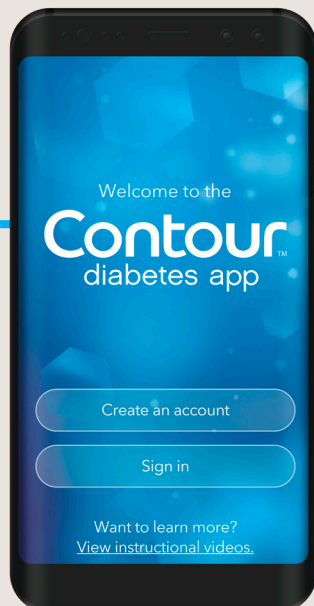
Download on the  
App Store

GET IT ON  
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For a list of compatible devices,  
please visit  
[compatibility.contourone.com](http://compatibility.contourone.com)

2

**Create  
an account**



3

**Pair your compatible  
CONTOUR® meter**



For more information visit:  
[diabetes.ascensia.co.uk](http://diabetes.ascensia.co.uk)

\*Patients need to be registered in GlucoContro.online and approve sharing their data with their healthcare professional

## Simple onboarding to enable remote blood glucose assessment with your healthcare professional

Wait for the invitation from your healthcare professional

Invitation via email

or

Invitation via QR code

Receive an email invitation and click on the link\*



1

Scan the QR code generated during the visit

**Add new Patient**

Manual      QR Code

**Mandatory**

First Name:

Last Name:

Country:

**Optional**

I want to send an e-mail invitation to this patient

E-Mail address:

**Add new Patient**



2

Log in with your CONTOUR®DIABETES app username and password

Patient      Professional

**Contour** Enabling with you To log in to Your account use Contour Cloud credentials.

E-mail address:

Password:  [Forgot your password?](#)

Remember me

**Sign in**      Don't have an account? [Sign up](#)

3

Fill out your information



Now your blood glucose data is accessible for your healthcare professional via GlucoContro.online

\*Healthcare professional to initiate the invitation



**Ascensia Customer Service Helpline:**  
Tel: 0345 600 6030  
diabetessupport@ascensia.com  
www.diabetes.ascensia.co.uk