Two Week Record Diary

Thank you for downloading an online-only version of the Ascensia Diabetes Care record diary. There is enough space to record two weeks' of blood glucose results. Your diabetes healthcare team will advise when it is most appropriate to test your blood glucose.

DATE		TEST TIME							TREATMENT				Comments, Reactions, Medication, Illness, Diet, etc.
Day	Time	Before Breakfast	After Breakfast	Before Lunch	After Lunch	Before Dinner	After Dinner	Before Bed	AM	AM	PM	PM	

To register your meter online, please visit www.diabetes.ascensia.co.uk/meter-registration (UK) or www.diabetes.ascensia.ie/meter-registration (Ireland). You can also contact Ascensia Diabetes Care Support UK on 0345 600 6030 (Mon - Fri, 9am - 5pm) or Ascensia Diabetes Care Support Ireland on freephone 1 800 920 111 (Mon - Fri, 9am - 5pm). © 2022 Ascensia Diabetes Care UK Ltd. & Ascensia Diabetes Care Ireland Ltd. All rights reserved.

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